



WEEKLY UPDATE – April 11

Spiritual Care

This week's newsletter focuses on spiritual care and includes resources below from the University Ministry. If you have questions related to immigration, you can **email ISSS** or **make a Zoom appointment with your ISSS adviser**.

University Ministry

The **University Ministry** (UM) team supports students in developing a robust life of faith and commitment to justice, which is the hallmark of Jesuit education. All of their programs are open to USF community members of all faiths, beliefs, and identities. Please see some upcoming offerings and regular programming sponsored by their department below and on their **website**.

- **Meditation Mondays:** Take time out of your busy days to find inner calm and awareness at the start of every week. Sessions will be on Zoom. **Learn more »**
- **Breaking Bread and the Binary:** Join UM on a self-discovery journey to explore the intersectionality between different spiritual traditions and LGBTQIA+ identities. This group meets every Thursday in the University Ministry Romero Room (Toler 122). **Learn more »**
- **Qmmunity Meditation Group:** The Qmmunity Meditation group focuses on fostering spiritual and mental wellness through meditation practice. People of all identities are invited to take part in this meditative journey of self reflection and acceptance. No experience is required. **Register to attend »**
- **Interfaith Student Community:** Learn about building community among faith traditions and advocate for an inclusive campus. **Learn more »**



Course Registration

Class registration for summer and fall 2022 opens today! Check out the **University Registrar website** for important registration information and step by step instructions about online registration. You can also find out your final exam schedule, request **transcripts** and **enrollment verification letters**, and search for specific courses. Contact their office by **email** or call **(415) 422-7260**. Be sure to review the **USF Together** page for updates regarding course modalities and protocols.



Upcoming Office Closure

Please keep in mind that the ISSS office will be closed on **Friday, April 15** in observance of Good Friday. The office will reopen on Monday, April 18 during regular business hours from 9 a.m.– 5 p.m. For all of the members of the USF community who celebrate Easter, our office wishes a blessed celebration and a bright start to spring. We hope you enjoy a relaxing weekend spent with loved ones.

ISSS OFFICE RESOURCES

Requesting a Document from ISSS?

If you are requesting an immigration document or letter from our office, remember that we request **ten business days** to process requests. Make sure you plan accordingly so you have enough time to receive your document before you need it. **You can also make some document requests through online submission.**

Adviser Appointments and Workshops

Appointments can be made online. Please visit the **ISSS website** to schedule an appointment. Appointments are still booked in 30-minute increments.

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